

## **Employer General Advice re Medical & Clearance Certificate**

The below guidelines are intended to reduce the need for a face to face or virtual consultation to receive a medical/clearance certificate if a patient has mild symptoms. As medical resources are currently stretched and are best reserved for those with moderate/severe illness and those with compromised immune symptoms.

### **Symptoms:**

When your workers identify upper respiratory symptoms consistent with an infective illness containing 1 or more of the following mild symptoms

- Mild symptoms: Sore throat, Cough, Runny nose, Fever, Body aches/pains
- Shortness of breath: This requires medical advice/attention

### **Guide to time away from workplace:**

This guide applies if they do not meet the criteria for COVID 19 testing, please follow current Tasmanian guidelines:

[https://www.dhhs.tas.gov.au/\\_data/assets/pdf\\_file/0009/395775/Novel\\_Coronavirus\\_COVID-19\\_Information\\_for\\_General\\_Practice.pdf](https://www.dhhs.tas.gov.au/_data/assets/pdf_file/0009/395775/Novel_Coronavirus_COVID-19_Information_for_General_Practice.pdf)

**High risk worker** (health, aged, disability care, high amount of face/face interaction):

Self isolate and not to return to work until they are symptom free for 48 hours

**Low risk** (less direct contact with people):

Self isolate and not return until they are symptom free for 24 hours.


Due to work force pressures prioritising our clinicians are unable to provide 'clearance to return to work' certificates post an infective illness unless the person has tested positive for COVID-19.

### **If a certificate is still required:**

Please book online or call 03 63 888 111 to book a telehealth consultation.

Fees apply if pt does not meet criteria set by the Government

Regards,



Dr. Jerome Muir Wilson  
Managing Director of Launceston Medical Centre